



CONSTRUCTING SHANDONG LV OPERA GUIDEBOOK FOR TEACHING FIRST-YEAR STUDENTS AT ZIBO NORMAL COLLEGE, SHANDONG PROVINCE

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Abstract

This study explores Shandong LV Opera as an essential part of Chinese culture, reflecting the way of life and beliefs of Chinese traditions through its lyrical themes, musical expressions, and performance practices. The objectives of this study were: (1) to study Shandong LV Opera from key informants; (2) to construct a Shandong LV Opera guidebook for teaching first-year students at Zibo Normal College; (3) to experiment with teaching by using the Shandong LV Opera guidebook for first-year students at Zibo Normal College; and (4) to evaluate the effectiveness of the guidebook in the teaching process.

This research employed a mixed-method approach, combining qualitative and quantitative methodologies. The qualitative research tool was an interview guideline used to gather insights from four key informants, while the quantitative research focused on a population of 40 first-year vocal major students at Zibo Normal College, with a sample of 15 students selected through simple random sampling. Data analysis was conducted using descriptive statistics, and the

research hypothesis required formative and summative scores of at least 70/80 points for validation.

The findings revealed that (1) the lyrics of Shandong LV Opera deeply embody regional folk customs, ethics, and cultural values, using simple, dialect-infused language to reflect daily life themes such as farming, marriage, and family dynamics. These lyrics uphold traditional virtues while integrating modern social values, demonstrating the opera's role in preserving and evolving Chinese cultural identity; (2) the guidebook developed for this study consists of five chapters covering the development status of vocal music for first-year students, principles of vocal music, vocal practice songs, an overview of Shandong LV Opera, and an analysis of its singing techniques; (3) the experimental teaching phase was conducted over 16 lessons, with a structured lesson plan outlining time allocation and content for each session; and (4) the average formative test score was 78.27, while the summative test score averaged 84.75, indicating that the guidebook was both effective and validated for teaching. This study highlights the significance of Shandong LV Opera in Chinese culture and traditions, emphasizing its pedagogical value in vocal music education.

Keywords: Shandong LV Opera Guidebook; Zibo Normal College; Shandong Province

Introduction

As one of the traditional Chinese operas, Shandong LV Opera has a long history and profound cultural deposits. It originated in Shandong Province, is an important part of Shandong local culture, and a bright pearl in the treasure house of Chinese opera art. With its unique artistic style, rich local characteristics and rich cultural connotation, LV opera is deeply loved by the general audience. However, with the development of society and cultural changes, the inheritance and development of LV Opera face many challenges. Therefore, the in-depth study of Shandong LV Opera not only contributes to the protection and inheritance of this intangible cultural heritage, but also can provide theoretical

support and practical guidance for the innovation and development of LV Opera.

From the historical origin of LV Opera, the history of Shandong LV Opera can be traced back to the late Ming dynasty and early Qing dynasties, and it was originally a folk-art form in the rural areas of Shandong Province. The early LV Opera was mainly about rap, combining local folk songs, minor tunes and folk dance, forming a unique artistic style. Its performance content is mostly based on folk stories, historical legends and daily life, and has a strong local atmosphere and entertainment. The early form of LV Opera was called "sitting and singing" or "pulling the soul cavity". The performers were mostly farmers or folk artists, and the performance places were mostly temple fairs, markets or weddings and funerals in rural areas.

With the passage of time, LV Opera gradually moved from rural to urban areas, and the form and content of the performance also changed significantly. In the early 20th century, LV Opera began to absorb the artistic elements of Peking Opera, Kunqu Opera and other operas, forming a richer and more diversified performance style. At the same time, the script creation of LV Opera also pays more attention to the integrity of the plot and the shaping of characters, and many classic plays appeared, such as "Li Ersuo remarried" and "Sister easily". In addition, the performance venues of LV Opera have also shifted from rural temple fairs to urban theaters, and the audience group has gradually expanded (Liu, 2008).

In terms of the artistic characteristics of LV Opera, the artistic characteristics of LV Opera are mainly reflected in its singing, performance and musical accompaniment. The singing of LV Opera is mainly natural and simple, emphasizing the roundness and penetrating power of the sound. Actors usually use the abdominal breathing method, to make the sound more stable and persistent. LV Opera is very exquisite, requiring the actors to express every pronunciation clearly and accurately. LV Opera is an important part of its singing art. Actors make their singing more beautiful through sliding sound, trill sound

and decorative sound skills (Kong, 2017).

The performance skills of LV Opera include emotional expression, stage scheduling, body language and so on. Actors need to master acting skills through systematic training and use them flexibly in stage performance. The emotional expression of LV Opera is the core of its performing arts, and the actors need to convey the emotions of the characters to the audience through their voices and expressions. The stage scheduling of LV Opera is an important part of the performance, and the actors need to show the actions and emotional changes of the characters through the stage scheduling (Li & An, 2001).

The musical accompaniment of LV Ju is an important part of its performing art, and the actors need to show the emotions and actions of the characters through musical accompaniment. The musical accompaniment of LV Opera includes singing design, musical instrument performance, musical rhythm and other links. The actor needs to design the musical accompaniment according to the content of the script and the emotional changes of the character, and pass the emotions and actions of the character to the audience through the musical accompaniment.

From the perspective of the cultural value of LV Opera, LV Opera is not only an important part of Shandong local culture, but also one of the important representatives of Chinese traditional culture. The performance content of LV Opera is mostly based on folk tales, historical legends and daily life, and it has a strong local flavor and entertainment. The performance form and content of LV Opera reflect the social life and folk culture of Shandong province, and have important historical and cultural value (Ma, 1998).

The inheritance and development of LV opera is of great significance to the protection and promotion of Chinese traditional culture. With the development of society and cultural changes, the inheritance and development of LV Opera face many challenges. Therefore, the in-depth study of LV Opera can not only help to protect and inherit this intangible cultural heritage, but also provide

theoretical support and practical guidance for the innovative development of LV Opera.

Research Objectives

1. To study Shandong LV opera from key informants.
2. To construct Shandong LV opera guidebook for teaching first-year students at Zibo Normal College
3. To experiment the teaching by using Shandong LV opera guidebook for teaching first-year students at Zibo Normal College.
4. To evaluate the teaching by using Shandong LV opera guidebook for teaching first-year students at Zibo Normal College.

Literature reviews

Music Characteristics of Shandong LV Opera Songs

Melody style and local characteristics: LV Opera originated from the Shandong folk art "Liuqin Opera", and has a strong local color in Shandong. The melody is beautiful and smooth, rich in Shandong folk song style, the tune is simple, fresh, with a strong life atmosphere. More use of five tone scales, common tone for palace tone, commercial tone, etc., melodious, full of folk charm.

Characteristics of plate type and rhythm: The music rhythm of LV opera is flexible, and the common boards include Adagio, original board, fast three, water board, etc. Adagio expresses lyric and sadness, the original board is relatively stable, fast three and water board is suitable for excited or tense situation. The natural intonation of Shandong local language is adopted, and reading white and singing are closely combined, and there is a strong sense of rhythm.

Singing and style: The singing of LV Opera is simple and smooth, paying equal attention to narrative and lyricism. The female voice is high and clear, and the male voice is strong and powerful, with a strong charm of Shandong folk songs. The singing method of combining true and false voice is often used to enhance the expression, such as "crying cavity" and "laughing cavity" to enhance the appeal of drama.

Accompaniment and musical instrument features: The main accompaniment instruments are Liuqin, Banhu, erhu, etc. Liuqin is the representative instrument of LV Opera. Other scores include percussion instruments (such as big gong, small gong, drum, and tabu) to enhance the rhythm of the drama. The accompaniment of modern Lv opera integrates western Musical Instruments, such as electronic organ and double bass, to make the sound more-rich.

Shandong LV music not only retains local characteristics, but also constantly develops and innovates, forming a unique artistic style. Through the analysis of the representative work of Shandong LV Opera, combined with the field investigation and interview of Lu Opera Troupe, this paper discusses the current situation of the art of LV Opera. The research points out that Lu Opera originated in Shandong Qinshu and integrates various art forms such as performance, dance and singing. His singing is mainly plain style, and the language has strong local characteristics of Shandong. The tune is simple and simple but rich in emotion. The accompaniment instruments are mainly dulcimer and falling organ. The article emphasizes the uniqueness of Lu Opera in singing, melody and characterization, and calls for the protection and inheritance of this local opera form (Lou, 2019).

LV opera-China Intangible Cultural Heritage Network China Intangible Cultural Heritage Digital Museum. Lu Opera, formerly known as "sitting cavity dulcimer" or "makeup dulciqin", evolved from Shandong Qinshu and is popular in Shandong province and its surrounding areas. As a rural art, LV Opera focuses on the interpretation of rural life, the characters are mainly small students, small Dan and clowns, and the lyrics and words mostly use folk terms. Its singing music

comes from the folk music, using the plate cavity structure, simple and simple tune, beautiful and beautiful, easy to learn and easy to sing, full of life atmosphere and local characteristics.

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Research Methodology

This research was mixed-method research between qualitative and quantitative research. The qualitative research was conducted by interview 4 experts in Shandong LV opera in quantitative research, the population was 40 first- year students majoring vocal music performance, at Zibo normal college. Through the key informant interview, the investigation results of music performance students' learning of opera singing are obtained. Through the group experiment, the formative – summative test of students' professional ability was conducted to compare the effect of using teaching guidebook. The research hypothesis was the summative score must higher than 80 points.

Results

1. Studying the Songs of Shandong LV Opera: As a representative of Shandong local opera, Shandong LV Opera has beautiful singing, plain language, close to life performance style, and is deeply loved by the audience. Learning LV

Opera is not only the inheritance of opera art, but also the in-depth understanding of local culture.

In the learning process, it is necessary to step by step, from basic singing, vocal skills, figure performance to complete repertoire performance, and gradually improve the skills. At the same time, combining the teaching methods such as imitation masters, role experience, scientific and technological assistance, stage practice and so on, we can more efficiently master the singing and performing skills of LV Opera.

The study of LV Opera not only improves their singing and performance ability, but also cultivates students' cultural identity, stage performance and teamwork ability. Through continuous practice and innovation, it can not only better inherit the art of LV Opera, but also promote its development in the new era. Learning Shandong LV Opera requires systematic training in singing, performance, repertoire, cultural understanding, and practical training, in order to fully grasp its artistic characteristics. LV opera has a beautiful melody and has strong local characteristics of Shandong. When learning, we should pay attention to breath control, bite to rhyme, timbre resonance, and imitate the singing style of famous artists, master different types of singing, such as lyric, narrative, etc. LV opera performance emphasizes the life, requiring natural action and vivid expression. When learning, it is necessary to train opera figure, eye transmission and gesture footwork to make the performance more infectious. Learn classic plays (such as "Li Ersuo remarried" and "Borrowing a year"), analyze the character characteristics, understand the emotion of the plot, and master the opera rhythm and singing skills through rehearsal. LV Opera is the crystallization of regional culture in Shandong Province. When learning, it is necessary to understand its historical development, dialect characteristics and social background, and enhance the understanding and identity of opera art. Through class report performance, troupe cooperation rehearsal, opera competition, etc., improve the stage adaptability, and improve the singing and performance skills in actual combat.

2. Constructing Shandong LV opera guidebook for teaching First-Year students at Zibo normal college, Shandong Province, the People's Republic of China: Through the interview and study of four vocal music education key informants, the researchers Constructing Shandong LV opera guidebook for teaching First-Year students at the Zibo Normal college. This guidebook includes 16 courses, courses on vocal music science and characteristics, theoretical knowledge points related to Shandong LV Opera, and four stages of testing. This is a phased evaluation of the performance of singing learning. In the new content curriculum, each class will learn a new vocal work. This course mainly includes the knowledge points of songs and singing skills of Shandong LV Opera. The course will be adjusted and integrated at some point. For example, each piece is completed with one test. In addition to testing the students' mastery of the singing skills in the songs. At the same time, the knowledge points related to the songs of Shandong LV Opera will be randomly checked to ask questions. Based on student performance on exams, we will summarize these questions and provide targeted improvement guidance for upcoming course studies.

To balance the difficulty of the textbook, more challenging works gradually appeared in the second half of the textbook. The practice schedule for each session was also carefully selected and cleverly designed to allow targeted practice of new content and a review of previous course content.

After compiling Constructing Shandong LV opera guidebook for teaching First-Year students at Zibo normal college, four experts were invited to evaluate the guide. Four experts believe that this textbook is dedicated for the rich content and extensive knowledge of Shandong Zibo Normal College, filling the gap in the current lack of Shandong LV Opera songs, even in the industry. Experts believe that this teaching guide has feasibility, professional, timely and theoretical significance, and is an important guideline for First-Year students to learn vocal music.

3. Experimenting the Teaching by Using Shandong LV Opera Guidebook for Teaching First-Year Students at Zibo Normal College: In the class of Shandong LV Opera, the course time, objectives, teaching content, key points and difficult points, and post-class exercises, were evaluated by 4 experts and put into classroom practice. Test results were compared and analyzed by teaching, three formative tests, and one summative test. Facts have proved that 15 First-Year students from Shandong Normal College have greatly improved their singing skills, theoretical knowledge and skills after learning this course.

There are sixteen lessons in the teaching guide. The course can be roughly divided into the following parts: the first part is the vocal exercises based on different vowels, dialects and melodies; the second part is the theoretical study of knowledge points related to the songs of Shandong LV Opera; the third part is the overall study of the work. In the study, the focus is on learning vocal works, because works are the key to the expression of vocal music, all the exercises are to sing more beautiful works. Through practice to promote students' mastery and understanding, but also embodies the principle of strengthening teaching and practice. During the first 20 minutes of each session, all previously learned work will be completed and all relevant Shandong LV opera knowledge will be randomly checked and asked. This plays an important role in the consolidation and review. The author chooses the works with strong artistic melody and professional melody as the teaching content, so that students can constantly improve their singing and teaching ability in the learning process, and further improve the professionalism of singing.

4. Evaluating the teaching by using Shandong LV opera guidebook for teaching First-Year students at Zibo Normal college: Through the comparative analysis of the four test results, it is feasible to formulate Constructing Shandong LV opera guidebook for teaching First-Year students at Zibo Normal college. After a semester of teaching practice, the students have made remarkable progress in all aspects, and the teaching effect has been significantly improved. Especially in the scientific and logical aspects of vocal music teaching, teachers are often more systematic than following the syllabus

guidelines. The students have made remarkable progress in their singing ability and in the understanding and processing of vocal music works. In the study of song knowledge of Shandong LV Opera, students can also answer questions fluently, which plays a very important role in the learning and inheritance of traditional culture in Shandong province. In the teaching guide, we should allocate the vocal music practice and class time reasonably, as well as the study time of the key, difficult and difficult vocal music works, and choose the courses scientifically and professionally. Through expert evaluation and teaching practice, both experts and students believe that constructing Shandong LV opera guidebook for teaching First-Year students at Zibo Normal college can effectively improve students' singing ability. The average score of the students in the first formative test was 3.48, and the average score of the summary test was 4.5.

Discussions

In the singing training, the traditional imitation and the scientific vocal method. In my opinion, we should not only learn from the traditional methods of imitating famous artists, but also combine modern scientific vocal skills to improve the stability and timbre quality of singing. Lan (2018) emphasized "oral and heart teaching", believing that the study of LV Opera should rely on imitating the singing style of famous artists to maintain the original artistic characteristics. Her teaching method is mainly repeated imitation + pronunciation correction, paying attention to the inheritance of charm. Zhang (2012) put forward the method of modern vocal music science training, and advocated learning from the breath support and resonance adjustment skills in western bel canto and national singing, so as to improve the endurance and expression of the singers of LV Opera. Both have their own advantages and disadvantages. Imitation of famous artists can master the traditional charm of LV Opera, but the combination of scientific sound methods (such as abdominal breathing and resonance training) can enhance the stability and expression of timbre, so as to better adapt to the requirements of modern opera performance.

In terms of the stylized action and life performance, I think the performance of LV Opera should not only inherit the stylized action of opera, but also emphasize the life and natural performance, so as to enhance the sense of reality of role shaping. Wang (2019) pointed out that although LV Opera is a local opera, it still retains some stylized figures and movements, and learners should practice in accordance with the traditional opera training methods, such as gestures, eyes and footwork, in strict accordance with the prescribed routines. Li (2011) believes that LV Opera is different from Peking Opera because its performance is closer to life. Therefore, we should pay attention to the true expression of emotion in teaching, and let the actors shape their characters through personal experience, rather than simply imitating the stylized movements of opera. In my opinion, LV Opera, as a kind of opera with strong life flavor, cannot completely rely on the stylized movements of traditional opera, but should combine modern drama performance methods and pay attention to natural expression to make the performance more vivid and moving.

In terms of teaching mode, mentoring system and modern curriculum system, I think the teaching of LV Opera should retain the advantages of the traditional mentoring system while learning from the modern curriculum system to realize systematic learning. Ge (2014) studied the traditional teaching methods of LV Opera in Shandong province, and found that the mentoring system is the main mode of LV Opera learning. Students mainly master singing and performance techniques through oral teaching, but the system of this method is weak, and it is difficult to form a complete teaching system. Liu (2014) proposed the modern curriculum system teaching of LV Opera, emphasizing that the teaching of LV Opera should be incorporated into the formal curriculum, and combined with the phased teaching (basic training, repertoire analysis, stage practice), to improve the scientific nature and sustainability of teaching. In my opinion, the two models should be combined. The mentoring system can provide personalized guidance, while the modern curriculum system can make the teaching more systematic. Through the mode of theory + practice + stage performance, students can master the skills of LV Opera more efficiently.

New Knowledges

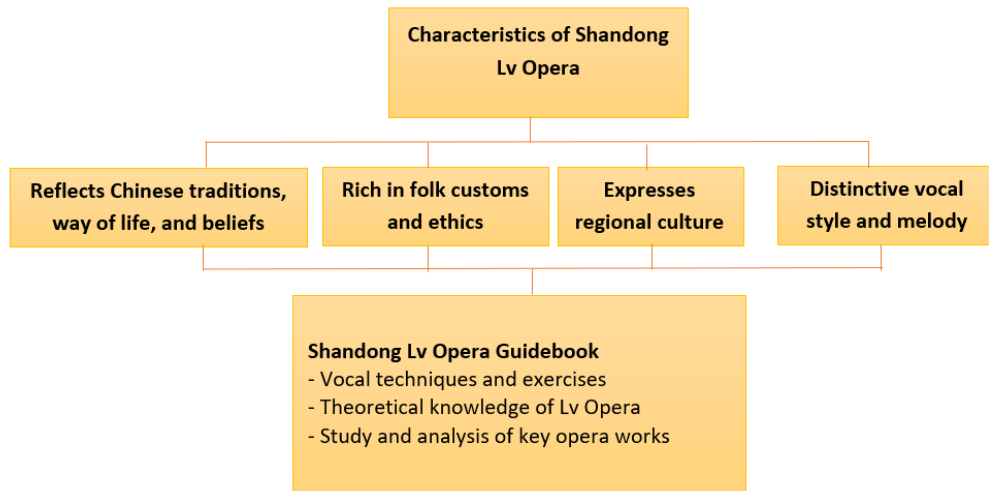


Figure 1: New Knowledges Diagram of Shandong LV Opera Guidebook for Teaching First-Year Students at Zibo Normal College.

Conclusions

The study and teaching of Shandong LV Opera provide a profound cultural and artistic experience, blending traditional performance techniques with structured vocal training. The development of the Shandong LV Opera guidebook for first-year students at Zibo Normal College fills a significant gap in vocal music education by offering systematic lessons on vocal techniques, theoretical knowledge, and practical applications. The experimental teaching phase demonstrated the effectiveness of the guidebook, as students showed notable improvements in singing skills, theoretical understanding, and cultural appreciation. The evaluation process, based on formative and summative assessments, confirmed that the guidebook enhances both technical ability and artistic expression, supporting the structured inheritance of Shandong LV Opera. Expert reviews and student performance results further validate the guidebook's

feasibility, professional value, and significance in preserving and promoting this regional opera tradition within higher education.

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